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Recent advances in the production of single cell protein from renewable resources and applications

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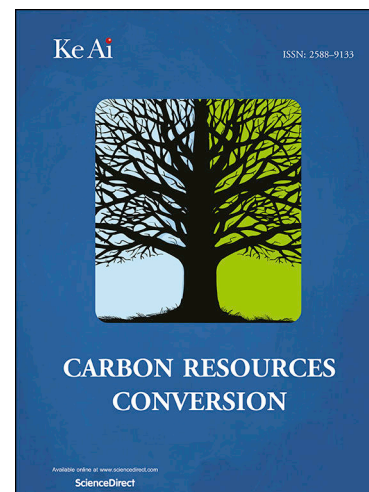
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Abstract

Single Cell Protein (SCP) refers to dry cells of microorganisms, and it constitutes a highly promising and alternative protein source for multiple applications. SCP presents a rich nutritional profile containing valuable amino acids and fatty acids, nucleic acids, minerals, and several vitamins. Several businesses worldwide have introduced SCP into their production cycles, hence expanding the scope of its application in value added market chains such as the edible food packaging. SCP is produced by a plethora of microorganisms, including fungi, yeasts, bacteria, and algae while many of them are Generally Recognized as Safe (GRAS). Selected microbial strains present satisfying growth capability with high yields when cultivated in renewable feedstock. Thus, production rates and process sustainability could be enhanced via the valorization

of industrial and agricultural wastes as the nutrient sources, combined with optimization of process parameters, i.e fermentation mode and feeding strategy, pH, temperature, C/N ratio, agitation rate and oxygen supply. This review addresses the latest developments made towards the SCP production, highlighting efficient microbial SCP producers, and production systems that valorize solid and liquid streams from several agricultural wastes. Potential applications, challenges in sensorial-, and safety-aspects as well as consumers perception issues of SCP incorporation into food-related matrices are also discussed.

Keywords: alternative protein, sustainability, sensorial aspects, safety, food and feed, packaging applications

1. Introduction

The modernization of world and the necessity for prosperous societies have increased the standards of living and thus food safety and quality levels. Predictions for global population growth up to 9.7 billion by 2050 [1] will inevitably lead to increased competition for land, water, and energy. Sustainable food systems based on renewable food ingredients are vital to be developed. As a result, issues related to greenhouse gas emissions (GHG) [2], increased usage of fresh water (~ 70%) for agriculture [3] and GHG emissions related to livestock production (up to 18%) as well as ammonia utilization could be overcome or at least deteriorated [4].

Alternative proteins sources such as plant by-products, insects, and microorganisms have attracted scientific attention since they do not demand arable land and they can be produced

utilizing renewable feedstock (waste and/or by-product streams) derived from numerous agri-food residues. Among these non-conventional sources, microorganisms present enhanced protein contents. Dry cell biomass has been described as ‘single cell protein’ (SCP) or ‘microbial protein’ [5]. SCP is primarily sourced from microorganisms, and it constitutes an eco-friendly substitute for animal-derived proteins. The global demand for proteins is continuously growing while advances in the food processing sector are likely to trigger SCP importance, although the latter still holds a small market share. More specifically, the market of SCP is forecast to exceed \$18.5 billion by 2030 [6]. Recent studies have evaluated a variety of microorganisms such as bacteria [7], [8], [9], algae [10], [11], [12], yeasts [13], [14], [15] and other fungi [16],[17],[18] for SCP production. Production of SCP is characterized by convenience, due to fast growth of microbial cells, high yields, and use of a wide range of fermentation substrates [19]. High promising fermentation media for SCP production should be non-toxic, non-exotic, non-seasonal, renewable, and cost-effective [20]. Industrial waste streams, such as paper and pulp effluents [21], methanol, oil [22], latex waste [23], and crude glycerol [24], have been efficiently utilized as unconventional substrates to produce SCP. Other food industry-derived streams i.e waste cooking oil, seems to be also promising [24], [25], while fruit waste (peels or extracts) [26], [27], [28], [29], leaf juice, poultry and slaughterhouse waste [20] and lignocellulosic wastes [30] have been already used for SCP production as demonstrated in Figure 1.

SCP can be involved into a plethora of applications including both agricultural and commercial sector. More specifically, SCP has been used as a protein source for fish-meals [31], [32], foam-stabilizing agent [33], in paper and leather processing [34], potential packaging material [35] and as a good candidate for animal feed supplements [36] due to its nutritional value (Figure 2) as well as due to the potential influence in reduction of enteric CH₄ emissions in

ruminant animals [37]. Moreover, it has been proposed that SCP could be used as resilient food for catastrophes [38] or even as alternative food source in space missions [39], [40].

This review deals with the latest advances made towards the SCP production, reporting the microbial strains that have been so far used for its biosynthesis. Different production systems that valorize renewable streams derived from several agricultural wastes are highlighted. Potential applications of SCP are also included. Challenges in sensorial-, and safety-aspects as well as consumers perception issues of SCP incorporation into food-related matrices are also emphasized.

2. SCP producers

Many fungal species including *Kluyveromyces* [41], *Candida* [42], *Saccharomyces*, *Meyerozyma* [43], *Pichia*, *Galactomyces* [15], *Nectaromyces* [14], *Rhodotorula* [44], *Aspergillus* [45], *Fusarium* [46], *Aureobasidium*, *Neurospora* and *Trichoderma* spp. [16] have been employed for the production of SCP due to their chemical composition, nutrients (vitamin B-complex and folic acid) and amino acid profile (rich in essential amino acids i.e lysine and threonine), which complies with standards of FAO [47], [48]. Fungi can reach protein contents from 30% to 50% in case that the fermentation optimization targets cells protein increase [47]. Numerous studies concluded that fungi and yeasts are ideal candidates to produce SCP (Table 1), single cell oil [49] and other added-value compounds [50]. However, factors such as high nucleic acid content of fungi and yeasts (up to 10%) and low cell-wall digestibility [34], limit their wide applicability and must be taken into consideration prior to their use. Difficulties in digestibility of cell walls could lead to low bioavailability of proteins, allergies, intestines problems or even skin problems [51].

Several species of bacteria have been used as a source of protein, as they accumulate significant protein contents (50–80% of dry weight), present fast growth rates, and they can grow

on a wide variety of substrates, such as sugars, starches, and organic wastes [34]. Recent studies indicated purple phototrophic bacteria species such as *Rhodospirillum*, *Rhodobacter* and *Rhodopseudomonas*, as very appealing candidates for SCP production [52], [5], [53]. Bacterial SCP production should comply with certain criteria to be commercialized. To specify, the overall performance in terms of growth rate, pH tolerance, heat and oxygen requirements during fermentation, foam generation, purity and chemical profile of the final product is of particular importance [34]. The main disadvantage is the fact that bacterial SCP is characterized by a high nucleic acid content and low familiarity of consumers to this novel material. It is notable that in aquatic habitats such as fresh and marine water and multiple wastewaters, bacteria are the main decomposers of organic matter while algae are the main absorbers of nutrients. Sial et al. [54] studied extensively the interaction between algae and bacteria on biomass accumulation, wastewater treatment as long as current biotechnological applications, and demonstrated that the algal-bacterial complexes could lead to higher algal biomass accumulation compared to mono-algal cultures.

Microalgae can convert micro-molecules, such as carbon dioxide or ammonium, into valuable macromolecules like proteins. Microalgae show high photosynthetic efficiency and growth rate, which leads to high productivity values of proteins and/or lipids [55]. Specific types of microalgae have SCP contents reaching up to 70%, which favor their cultivation for animal and human consumption [48]. Raji et al. [56] partially replaced fishmeal protein with *Spirulina platensis* and *Chlorella vulgaris* on African catfishes' feed and they investigated the effect of the algae on growth and body composition of the catfishes. They suggested that the optimum percentage of *S. platensis* and *C. vulgaris* was 68.5% and 69.4%, respectively. Although many microalgal species such as *Arthrospira*, *Chlorella*, *Dunaliella*, *Haematococcus*, and

Schizochytrium are characterized as GRAS by the United States Food and Drug Administration (FDA), the food and feed applications of microalgae in commercial formulations demands extensive attention, due to their possible toxicity [55]. According to Roy-Lachapelle et al. [57], the involvement of toxin-producing microalgae or microalgae that derive from cultivation in toxic wastewater, could lead to the formulation of contaminated and thus dangerous for the human health dietary supplements. Moreover, microalgae display high nucleic acid content (up to 6%) [34], which as mentioned before is a limiting factor for their application in feed and food supplements.

3. SCP production using agricultural waste and by-product streams

Agricultural wastes consisted of mono and disaccharide molecules (dairy waste, and molasses), starch-rich sources such as grains, structural polysaccharides (including lignocellulosic side streams), protein or lipid-rich sources (derived from fish feed production and slaughterhouse wastes), or glycerol-based resources, have been proposed for SCP production. Various of these resources belong to food-processing and / or food-deriving residue. These can be either solid (i.e. waste breads, waste sugars, discarded or expired foods, etc), semi-solid (i.e. olive pomaces) or liquid ones (i.e. waste-waters containing significant quantities of sugars, olive-mill wastewaters, cheese whey, etc) [58], [59]. Moreover, these types of residues can also be either hydrophilic (i.e. olive-mill wastewaters, waste breads, etc) or hydrophobic (i.e. used / cooked oils, tallows, stearins, neutralization pastes, etc) [60]. Other types of residues are characterized as agricultural by-products deriving from agro-industrial activities (i.e. lignocellulosic biomass, lignocellulosic wastewaters deriving from paper and pulp industries, volatile fatty acids originated from dark fermentation or other petrochemical processes, various types of sludges, etc) [58], [59]. Finally, residues containing increased concentrations of glycerol, can derive from biofuel production

facilities or oleochemical units [60]. In the following table (Table 2) we can see the various types of agro-residues (solid, semi-solid and liquid ones) according to the previous classification, that have been implemented in the various types and fermentation configurations of SCP production process, and indicative values of dry biomass (dry cell weight; DCW in g/L) achieved in the mentioned cases.

As far as the sugar-containing residues are concerned, mono and disaccharide sources require less pre-treatment prior to their conversion into fermentation media. On the contrary, starch-rich sources, structural polysaccharides sources, protein and lipid rich sources need to be hydrolyzed or to be mechanically, chemically or biochemically pre-treated, prior to use [61]. For instance, pretreatment of the residual biomass is a critical step for the subsequent conversion of cellulose (the main component in structural polysaccharides sources) into glucose. An efficient pretreatment method should decrease the crystallinity of cellulose to further facilitate the action of the hydrolytic enzymes. The pre-treatment stage ranks among the most expensive processes for the conversion of lignocellulosic feedstock into fermentable sugars. Commonly, in order to enhance SCP production, lignocellulosic sources such as hemicellulose are chemically pre-treated [62]. Efficient and cost-effective pretreatment strategies should provide optimal yields of polysaccharides hydrolysis, and minimum formation of inhibitory compounds i.e phenolic compounds, furfural, 5-(hydroxymethyl)furfural (HMF) and acetic acid. As a consequence, the produced fermentation media could lead to enhanced cell growth and products formation [63]. It should be stressed that as far as the fermentation of sugar-based substrates is conducted for SCP production, sufficient oxygen-excess conditions should be provided, given that the process is positively influenced by the aeration imposed into the culture media, exactly as it happens with the process of *de novo* single cell oil (microbial oil) production (*de novo* oil production refers to

the synthesis performed from glucose or similarly catabolized compounds, where CH_3COSCoA constitutes the base-molecule in order for lipid to be synthesized) [64], [65]. Regarding aeration, previous studies have shown that the best aeration rate (volume of air, volume of medium, minute) and produce a higher yield of SCP is 1vvm in case of *C. utilis* [66] and *K. marxianus* [67]. When hydrophobic compounds (i.e. solid or liquid free fatty acids, triacylglycerols, etc) are implicated as the sole carbon source for microbial cells production (mostly yeasts and fungi), irrespective of the nitrogen availability, it is possible that a portion of carbon flow would not be directed towards the synthesis of (protein-rich) cells. The accumulation of lipids could simultaneously be enhanced (this is the so-called “*ex novo*” lipid accumulation process, in which incorporated aliphatic chains would be directly esterified with cellular glycerol to form storage triacylglycerols) [64], [68], [69]. As for the case of SCP production when sugars and related hydrophilic compounds are used (i.e. polysaccharides, glycerol, etc), when fatty compounds are implicated as carbon microbial sources, it appears that the process is significantly positively influenced by the high dissolved oxygen saturation content into the medium (see biomass production in shake-flask and highly agitated batch bioreactor experiments in which *Yarrowia lipolytica* was used as microbial cell factory when fully saturated industrial free fatty acids were used as substrate – [129]) (Table 2).

3.1 Dairy waste

Dairy waste (sludge and effluents) contains high level of organic matter, oil, fatty acids, and considerable nitrogenous compounds, while dairy wastewater mostly contains high concentration of dissolved organic components, such as lactose, minerals, fat, and whey protein [70]. Depending on the technology used in the milk processing, dairy waste can contain high levels of either lactose or protein, therefore it can be categorized as a monosaccharide- and disaccharide-rich source or protein or lipid-rich source [61]. In 2020, cheese manufacturing in Europe generated 55.5 million

tons of whey [71], leading to the conclusion that treatment of such waste is crucial. Approximately 50% of total milk solids are found in whey, with lactose representing the major fraction, followed by proteins, minerals, non-protein nitrogen and other minor compounds [72], [73]. The challenge for the efficient valorization of whey is to identify microbial strains that can metabolize lactose and bioconvert it into SCP. Yadav et al. [74] investigated the potential of co- culture of *Kluyveromyces marxianus* and *Candida krusei* to amplify COD removal and to produce SCP, while utilizing whey as substrate in batch and continuous aerobic fermentations. Results indicated that the co- culture was able to achieve 8.8% higher COD removal efficacy, combined with 19% higher biomass yield and 33% productivity, compared to monocultures. A maximum SCP production equal to 43.4 % was reported for co-cultures. Another study evaluated the SCP production by *K. marxianus* applying different fermentation strategies (batch and continuous mode) while a simultaneous COD removal using cheese whey was conducted [41]. The authors suggested that the aerobic continuous fermentation process with cell recycling could be applied to SCP production. Utilization of waste milk was also examined using strains of *K. lactis* (TY-98) and *Rhodotorula graminis* (TY-99) to produce SCP while the fermentation parameters i.e initial pH, different incubation temperatures and inoculum size in monoculture, mixed culture, and sequential culture were investigated for maximum production [44]. Mixed culture seemed to be a promising approach, as they resulted in the production of 43.8 g/L dry cell weight, under optimized conditions.

The production of microbial mass (i.e. yeast dry cell weight or dried pellets or mycelia) has been reported by various types of yeasts and fungi, cultured on cheese-whey, in several types of fermentation configurations. Besides cell mass, in several cases cheese-whey has been implicated in processes related to the production of microbial cells containing quantities of lipids (the so-

called single cell oils; SCOs) [64], [60] whereas also, besides cell mass, other valuable metabolites (like exo-polysaccharides) have been reported to be produced by these types of compounds [65]. Results demonstrating the production of cell mass during growth on media composed of lactose (and / or cheese-whey) are shown in Table 3.

3.2 Sugar Industry Wastes

Molasses is generated from the sugar industry by repeated crystallization during sugar preparation [75]. Global sugar production amounted to roughly 179 million tons in 2020/2021 [76], while an overproduction of sugar beet pulp is predicted in near future due to growing world population. The principal components of molasses are saccharose (30–35%), fructose and glucose (10–25%), non-sugar compounds (2–3%), and minerals [75]. Due to rich nutritional value, molasses is widely used as a fermentation substrate for production of industrially and/or biotechnologically valuable products such as SCP, organic acids, and biohydrogen [24], [77]. Coimbra et al. [43] enriched vinasses substrate with molasses in order to enhance the production of SCP and bio-aroma by several yeast species including *Saccharomyces cerevisiae* CCMA 0186 and CCMA 0188, *Candida parapsilosis* CCMA 0544, *C. glabrata* CCMA 0193, and *Meyerozyma caribbica* CCMA 0198. Cultivation under fed-batch mode indicated that *C. parapsilosis* was the most efficient strain reaching the highest biomass formation of 8.8 g/L, in medium consisted of 50:50 (vinasse:molasses). In another study, *Rhodopseudomonas faecalis*, was cultivated in media containing different types of wastewaters (wastewaters were collected from anaerobic pond, primary mechanically aerated pond and secondary mechanically aerated pond) from sugar processing [78]. Wastewater collected from anaerobic ponds showed a good potential for SCP

production with protein content exceeding 50% and a valuable amino acid profile (rich in essential amino acids).

3.3 Fruit waste

Waste from fruit processing seems to be a serious problem in Middle Eastern and Asian countries. A variety of studies have investigated the potential of fruit peels or generally fruit wastes as substrates for SCP production, as they are considered as lignocellulosic wastes containing simple and complex sugars that can be metabolized by microorganisms [79]. Al-Farsi et al. [46] produced SCP from date waste collected from a date syrup industry, using *Trichoderma reesei* ATCC 13631, *Fusarium venenatum* ATCC 20334, *Thermomyces lanuginosus* ATCC 34626, *Aspergillus oryzae* ATCC 14895, and *Fusarium graminearum* ATCC 20333. Results indicated that protein derived from *A. oryzae* biomass showed a ratio of essential to non-essential amino acids equal to 1:1.2. In another study, a variety of fruit waste materials (including wastes of mangos, prickly custard apples, pineapples, papayas, bananas, mangosteens, cashew apples, cacaos, jackfruits and pomegranates) were used as substrates for SCP production by *S. cerevisiae* [28]. Maximum biomass and SCP production (0.4 g and 48.3%, respectively) were obtained when pineapple wastes were used as the fermentation feedstock. Pineapple waste (60% v/v) have also been used as effective media with maximum yield of SCP up to 3.0 g/L [26] when *S. cerevisiae* was used. In a recent study, Mostafa Kamal et al. [80] attempted to optimize the process variables using response surface methodology to improve the production of SCP of *A. niger* from banana fruit peel on submerged shake flask fermentation. Maximum biomass and SCP production reached 24.7 g/L and 61.2 % w/w respectively, when optimized condition were applied (T= 31.02 °C, pH of 6.19, substrate concentration of 19.92%, 4 days of fermentation).

3.4 Crop waste

Crop residues constitute cheap, renewable and abundant resources [81]. Production of crop residues is increasing as Cherubin et al. [82] estimated the global crop residues production from 2003 to 2013 and reported that about 3607.6×10^6 Mg of crop residues were produced from different crops (i.e. cereals, barley, corn, millet, rice, wheat, oats, rye). They include straws, bran, husks, and hulls of wheat and rice, barley straw, barley husk, corncob, corn husks, oat husks, and oat hulls [83]. These materials mainly consist of cellulose, hemicelluloses, and lignin [81]. However, cellulose and hemicelluloses cannot be utilized directly by most microorganisms and therefore, pretreatment and enzymatic hydrolysis that can aid cellulose hydrolysis and conversion of hemicelluloses into monosaccharides are required [84] as shown in Figure 3. Upcraft et al. [85] studied the fermentation of *Fusarium venenatum* on sugars derived from lignocellulosic residues of rice straws (using ionic liquid combined with food-grade Celluclast). A subsequent techno-economic analysis and life cycle assessment based on the proposed biorefinery model showed that the crude mycoprotein paste product could be produced at ~\$40.04 per kg-protein. This price could be reduced further by improving saccharification yields and utilization of feedstocks with high cellulose contents. Moreover, life cycle assessment results indicated that lignocellulosic-derived mycoprotein, demonstrated greenhouse gas emissions less than 14% compared to protein from beef. Another type of crop residue such as wheat bran, was utilized by *Candida utilis* and *Rhizopus oligosporus* for biomass production and after fermentation's parameters optimization the maximum SCP yield reached up to 41.0% [86]. In another study, three different crop residues (rye straw, rye bran and oat bran) were tested as substrates for the growth of *Y. lipolytica* [87].

Maximum biomass production of yeast was observed in oat bran hydrolysates while the protein contents in yeast biomass ranged within 30.5–44.5% of dry weight.

3.5 Combined agricultural waste

Aggelopoulos et al. [88] reported that the bioconversion of mixed substrates has several advantages including reduction of transportation and disposal costs. For this reason, they studied the potential growth of several microorganisms (*S. cerevisiae*, *K. marxianus* and *kefir*) in mixed substrates consisted of orange pulp, potato pulp, molasses, whey, Brewer's spent grains and malt spent rootlets, under solid state fermentation. *K. marxianus* was able to accumulate the highest fat and protein concentration (59.2% w/w on dry basis). In a recent study, combination of vinasse and whey wastewaters was studied as substrate for the cultivation of filamentous fungus *Neurospora intermedia* to produce protein- rich biomass [18]. The highest production of biomass reached 12.0 g/ L, with a SCP content of 45%, while essential amino acid contents were comparable to commercial sources of protein that is applied in aquatic feed production.

3.6 Glycerol

Concentrated glycerol-containing waters, with a concentration of glycerol ranging between 65-85% w/w, called also “crude” or “industrial” glycerol” (or “glycerin”), can derive as the main side products of biodiesel production [89], [60]. The synthesis of 10 kg of biodiesel generates *c.* 1 kg of glycerol (purity \approx 90% w/w) as side-product of the process, therefore, with the constantly increasing quantities of produced biodiesel world-wide, very high concentrations of this feedstock are accumulated into the market volume, with an inevitable event the significant drop of the price of this side product [90], [91]. Besides biodiesel production process, significant quantities of

glycerol-containing water can be generated through bioethanol and alcoholic beverages production units; for instance, during bioethanol production process, ethanol is separated via distillation while the liquid fraction of the remaining material (the so-called thin stillage) contains *c.* 2% w/v of glycerol [90]. Likewise, liquid waste streams containing high levels of glycerol (glycerol quantities of 55-90% w/v) are generated in oleochemical facilities in which transformations of vegetable or animal fats are implicated [60], [92]. The last years, therefore, a significant number of reports deal with the utilization of glycerol as renewable carbon source implicated in the Industrial Microbiology, and in many instances, significant dry cell weight (DCW) production was reported using yeast, fungal or heterotrophic grown algal strains employed as cell factories (Table 4). Kurzc et al. [42] studied the use of glycerol (as carbon source) and deproteinized potato wastewaters (as nitrogen source) for *C. utilis* and reported that SCP production reached 40.7% on dry weight basis. In another study, *Y. lipolytica* yeast strain YLY accumulates crude glycerol reaching 19.7 g/L of SCP [24]. Furthermore, as shown in Table 4. when *Cryptococcus curvatus* ATCC 20509 accumulate glycerol in a fed- batch bioreactor, production of dry cell weight reached 118.0 g/L [93].

4. SCP in animal feed supplementation

Several yeast species have been used as potential protein alternative for fishmeal, soybean meal or plant-based protein. In a recent study, yeasts (autolyzed and inactive) of *C. jadinii*, *B. adeninivorans* and *W. anomalous* were used to partially substitute (up to 30% and 70%) fishmeal (reference) on salmon diets. Final weight and specific growth rate of salmon with 30% substitution were significantly different compared to the reference diet [32]. Partial or total replacement of fishmeal with the inactivated dry yeast product DY-Pro in fish diets was studied

by Yossa et al. [94]. The entire substitution of fishmeal with DY- Pro improved feed and nutrient utilization, while no significant differences were detected in fishes' weight, and gut length. Also, no negative impacts on the gastrointestinal tract of the fishes were observed. Yan et al. [24] engineered an *Y. lipolytica* strain for overproduction of lipases, and SCP on cost-effective media (molasses, waste cooking oil and crude glycerol). They carried out both in vitro characterization by mimicking a gastro-intestinal environment to determine the essential amino acids of the SCP, and in vivo experiments via oral feeding of fish. *K. marxianus*, *C. utilis* and *S. cerevisiae* have been studied as a potential protein source (up to 40%) on salmon diets. *S. cerevisiae* showed poor protein properties while *K. marxianus* and *C. utilis*, demonstrated very similar nutrient and amino acid digestibility compared to fishmeal [95]. Also, brewer's yeast was effectively used to replace up to 24% of soybean meal and fishmeal in shrimps feed with no significant differences in final biomass, survival, protein retention efficiency and feed conversion rate [96]. SCP obtained from *Corynebacterium ammoniagenes* was applied to replace up to 40% of shrimps' diet. The best results were obtained at 10% substitution improving final weight, weight gain, specific growth and feed conversion ratio compared to higher substitution percentages [97]. SCP obtained from *Clostridium autoethanogenum* was used to replace plant proteins (up to 200g/kg) in Jian carp fish diets. In this case, final body weight, weight gain, specific growth rate, protein retention value, and protein efficiency ratio were significantly improved in fish that were fed with SCP [98]. In African catfish diets, substitution of fishmeal with 30% microbial protein, indicated sufficient results regarding weight gain, specific growth rate and metabolic growth rate, while whole body protein increased by 8% [99]. Alloul et al. [100] studied purple non-sulfur bacteria as a protein source for shrimps feed. Results showed that higher individual weights, better feed conversion,

and higher tolerance against ammonia were observed in diets containing SCP proteins compared to commercial feed.

5. SCP in food packaging formulation

Food packaging is an indispensable sector of food industry, responsible for food protection or damage, food degradation, hygiene and overall safety before and during storage. The most common materials that are used as food packaging are plastic, paper, glass and steel. In recent years, consumers awareness about climate change, has led to an increasing demand for more sustainable choices [101]. Nowadays, research has focused on biodegradable plastic materials [102] and edible films [103] involving proteins. Proteins could be characterized as ideal candidates to produce packaging materials due to their film-forming capacity, amino acid profile, transparency, gas barrier behavior and protein-antioxidant complexes [104]. Moreover, other functional properties that could influence the final biobased product, could be tailor-made after chemical or mechanical treatment. Usage of proteins in packaging materials displays some limitations including low water barrier properties and brittleness of final formulations [104]. Lately, usage and integration of microorganisms regarding production of sustainable packaging materials has become an emerging strategy. For instance, Khattab et al. [105] managed to produce polyhydroxyalkonates (PHAs) from bacterial strains valorizing cheese whey. In another study, evaluation of edible whey protein films incorporated with mycelial biomass of *Trametes versicolor* was examined [106]. SCP is of particular interest as a potential packaging material, since microbial treatment of biodegradable wastes enables sustainable valorization and enhances circular economy. Singha et al. [35] developed SCP-based films using potato starch (present in cutting waters) as substrate for SCP production and glycerol as plasticizer. The oxygen barrier properties

of SCP-based films were significantly better compared to the common polyethylene packaging material, while biodegradation test revealed a similar degradation pattern in relation to a household compostable bag.

5.1 Functional properties of SCP

Physicochemical and functional properties of proteins are influenced by their source of origin and structure. Proteins are characterized as amphiphilic molecules and they create interfacial layers between hydrophilic and hydrophobic regions [104]. Among various functional properties of proteins, including emulsification, thickening, foaming, and gelation, solubility is the most important as the protein fraction must be soluble to be used in a food system [107]. The main factor that affects the degree of protein solubility is the pH. pH values higher than proteins' isoelectric points favor solubility and induce disulphide bonds leading to more stable protein structures [104]. In an emulsion formulation, protein acts as a stabilizing agent, and its ability is described by protein emulsifying activity. Paraskevopoulou et al. [108] studied the SCP production by *kefir* microorganisms and indicated that its emulsifying properties were similar to those of the defatted soy flour. Regarding foaming properties, proteins should stabilize foams rapidly at various pH range and low concentrations [107]. Kupfer et al. [33] performed characterization of protein PAU5 from *S. cerevisiae* regarding its potential foam-stabilizing properties and consequently, to clarify if there is a direct influence on the gushing potential of sparkling wines, with results showing that PAU5 has foam-stabilizing properties. According to Paraskevopoulou et al. [108] gels refer as aqueous solutions or dispersions of high molecular weight such as proteins, cross-linked to form an interconnected molecular network that restrains the volume of the liquid medium. In the same

study, texture profile of SCP's gels, showed that the produced structures were stronger compared to gels made with soy flour.

5.2 Nutritional profile and safety aspects of SCP

As mentioned above, SCP is characterized by high nutritional value. Amino acid profile, specifically the essential amino acid composition, is the most important criteria for the evaluation of the nutritional importance of SCP. A variety of studies have indicated that SCP, derived from several microorganisms consists of essential and non-essential amino acids. According to Agboola et al. [32], yeasts are particularly rich (>20 g/kg dry matter) in leucine, lysine, aspartic acid, and glutamic acid. Yeast species of *Cyberlindnera jadinii*, *Blastobotrys adenivorans* and *Wickerhamomyces anomalus* showed similar amino acid profile to conventional fishmeal and soybean meal when they were cultivated in hydrolysates of pre-treated wood and chicken products. Moreover, Razzaq et al. [13] investigated the nutritional properties of SCP from *S. cerevisiae* cultivation on sugar-beet bagasse and they demonstrated that SCP contained a broad spectrum of essential amino acids like leucine (~43.5 g/kg), valine (~38.3 g/kg), and lysine (~31.4 g/kg). Similarly, in another study, SCP from *S. cerevisiae* using sugarcane bagasse, contained 17 amino acids including almost all essential amino acids (except threonine and tryptophan) while it was suggested that the amino acid profile of SCP and soya protein were quite comparable [62]. Another study evaluating the nutritional properties of photo hydrogenotrophic bacteria (*Rh. capsulatus*, *Rh. sphaeroides* and *Rps. palustris*) led to the conclusion that these kinds of bacteria are able to produce 37.5-42.5% of total essential amino acids [5]. Rasouli et al. [10] investigated the use of microbial biomass (bacteria, algae, and co-cultures) as potential candidate to recover nutrients from industrial wastewater and upcycle them to SCP, which is suitable for animal feed. Results

indicated that *C. sorokiniana* biomass contained essential amino acids for animal feed and *Methylococcus capsulatus* showed similar amino acid profiles compare to *C. sorokiniana* but in higher concentrations. However, amino acid profile of co- culture determined as most suitable for animal diets, due to its similarities to other commercialized protein sources, such as soy bean meal. Likewise, Amorim et al. [55] suggested that microalgae, like *C. vulgaris* and *A. platensis*, showed amino acid profiles similar to soybean which is currently the main source of protein used in feed. Although SCP's amino acid content is similar to the FAO guidelines, SCP derived from certain species presents high nucleic acid content which could cause problems such as gout and kidney stones [109]. The recommended amount of SCP supplemented to human diet should have nucleic acid contents below 2% [20]. During human metabolism, nucleic acid is converted into purines. The latter raise the uric acid levels in plasma leading to several side-effects [34]. Moreover, studies have reported that SCP's usage could lead to allergies, toxicity or even contamination with other microbes [110].

6. Sensorial aspects and consumer perception

In recent years, there has been a shift towards investigating the usage of alternative protein sources and how they could possibly affect consumers' perception. Examples of alternative protein sources are plant- based protein, insect protein, in vitro or cultured meat, and SCP [111]. However, regarding consumer perception and acceptance, several factors must be taken into consideration. For instance, when older adults' attitudes to accept the consumption of a variety of alternative protein sources, such as plant-based protein, insects, SCP, and in vitro meat were investigated, gender and country of residence were found to influence acceptance [111]. Specifically, plant-based protein was the most acceptable alternative reaching 58%, followed by SCP (20%), insect-

based protein (9%), and in vitro meat-based protein (6%). Siegrist & Hartmann [112] evaluated the influence of cultured meat among ten countries, in parameters of perceived naturalness, disgust and food disgust sensitivity, trust and food neophobia. Results of this study indicated that perceived naturalness and disgust evoked by cultured meat were significant parameters in the acceptance of culture meat among all countries, while there are large cultural differences regarding the acceptance of this alternative protein. Regarding factors that influence consumer perception about insect-based foods, it seems that neophobia, disgust, visibility of insects in food products and familiarity have key roles [113]. According to Saint-Eve et al. [114], the addition of pea flour on plant-based snacks affected the liking in terms of texture such as “crispy” and “puffy”, while flavor perception seems to be a hindrance of acceptance. The development of food products incorporating SCP still requires investigation regarding consumers attitudes and acceptability, as few studies have investigated this factor. In a recent study, SCP enriched bread was prepared by adding SCP, produced by food wastes, at different concentrations (4-12%) and sensory analysis in parameters of color (crust and crumb), aroma, flavor, taste, texture, and overall acceptability was conducted. Results showed that SCP concentration up to 4% can be added into the wheat flour without drastically affecting the organoleptic properties of the resulting bread [115]. Muniz et al. [116], studied protein enrichment of by-products (guava peels and cashew bagasse) using *S. cerevisiae* on cereal bars for human nutrition. Results showed an increase in the protein content and all cereal bars presented average scores of 7/10 for sensorial attributes and average 4/5 for purchase intention. Fradinho et. [117] evaluated *A. platensis* biomass at 2% incorporation in terms of color, odor, flavor, extensibility, texture, overall acceptability and buying intention in pasta samples, with the results showing that around 58% of consumers reported positive buying intention. Likewise, the addition of *Arthrospira platensis* (4%) to a white chocolate formulation

increased its protein, amino acid, lipid, and mineral contents without modifying its sensory acceptance [118]. Garcia- Segovia et al. [119] investigated the influence of microalga- based breadsticks on consumer perception and acceptability. Results showed that a sensory and emotional vocabulary generated by trained panel including terms which describing sensory characteristics including “bitter”, “salty”, “crunchy”, “hardness”, “intense aroma”, “green particles”, “roast”, “smooth texture”, “golden surface”, “algae flavor”, as well as terms associated to composition, nutritional characteristics and usage including “addictive”, “expensive”, “nutritive”, “with fiber” and so on. Moreover, it was indicated that microalgae breadsticks were as acceptable as the control breadsticks and consumers consider that the product is healthier, and they would understand if it had greater expense.

7. Concluding remarks

The interest of researchers and businesses in SCP production is continuously increasing due to the inability to meet the protein requirements of the world's growing population. The valorization of renewable resources generated from various waste streams of the food and agricultural sector, could favor the SCP production in terms of socio-, economic- and environmental-sustainability. Especially in case that the SCP production is involved within biorefinery schemes, circular bio-economy concepts could be boosted, encouraging the further expansion of the SCP market in animal feed, innovative food formulations and bioactive food packaging. Important agro-industrial residues and side streams like olive-processing wastes, sugar- and/or lipid-rich residues, glycerol deriving from agro-industrial facilities, lignocellulosic solid residues or waste-waters, etc, [120], [121], [68], [122], [123] are important candidates, the valorization of which would certainly have much to offer on the environmental sustainability and

the economic viability of the fermentative SCP production process. The selection of highly efficient microbial cells including algae, fungi, yeasts, and bacteria is a great challenge for enhanced SCP production enclosing value-added properties which are greatly dependent on the cultivation and processing conditions. The production of microbial biomass (from selected fungi and algae i.e. *Zygomycetes*) accumulating simultaneously significant Polyunsaturated fatty acids PUFAs and/or polysaccharides (i.e. β -glycans) as well as important nutraceutical compounds (i.e. ergothioneine, ergosterol, etc) could further increase the nutritional and economic value of the microbial cells produced [124], [125], [69]. The presence of anti-nutritional factors that is, nucleic acids, in SCP, that are found in higher amounts compared to meat- and plant-based protein sources, is an emerging field of scientific investigation with much space for optimization and innovation. The implementation of advanced downstream processes that are green and circular, combined with novel physical processing for nucleic acids' elimination, might add extra value to SCP and expand its application pool. SCP presents a very attractive nutritional profile while it could stand as an alternative to partially replace so far established protein sources such as soymeal and fishmeal mainly in animal diets. SCP production valorizing renewable feedstock could address both food waste management and protein shortage issues of the modern society while consumers acceptance should be increased for the effective commercialization of this alternative.

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Figure captions

Figure 1. Properties and application of SCP.

Figure 2. Renewable resources for SCP production.

Figure 3. Conversion of cellulose and hemicellulose into monosaccharides.

Fig 1

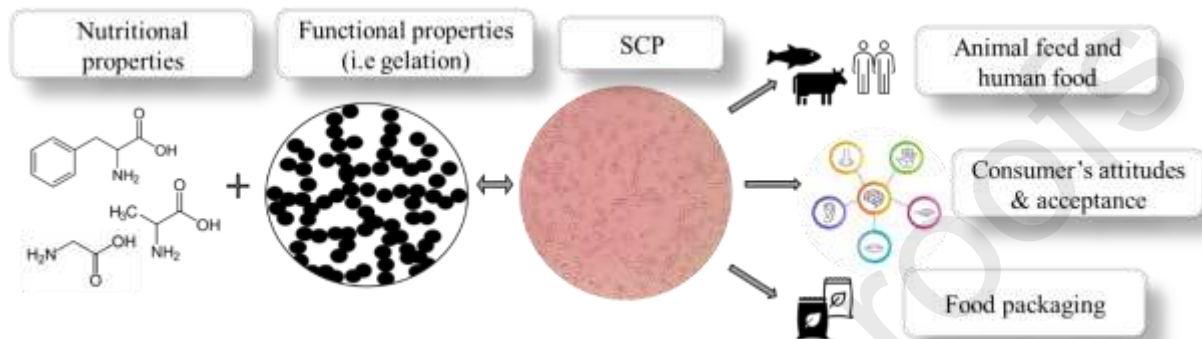
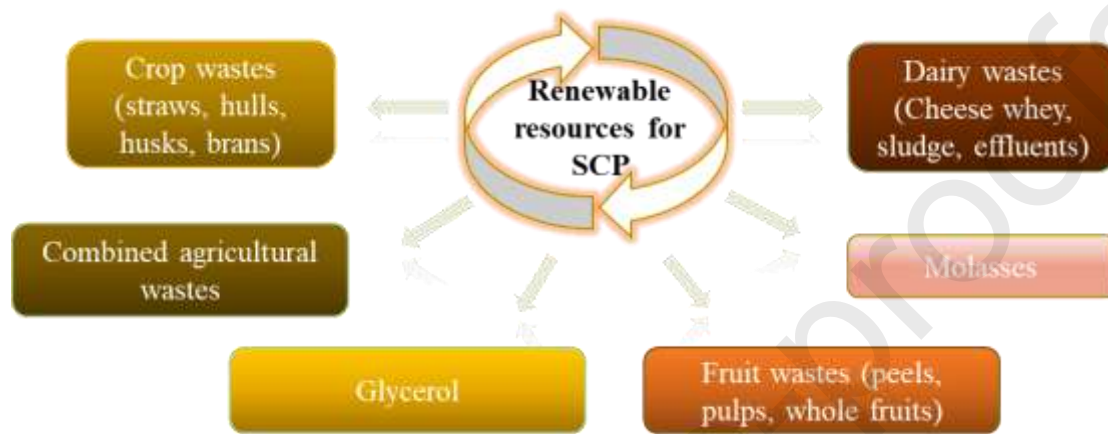


Fig 2

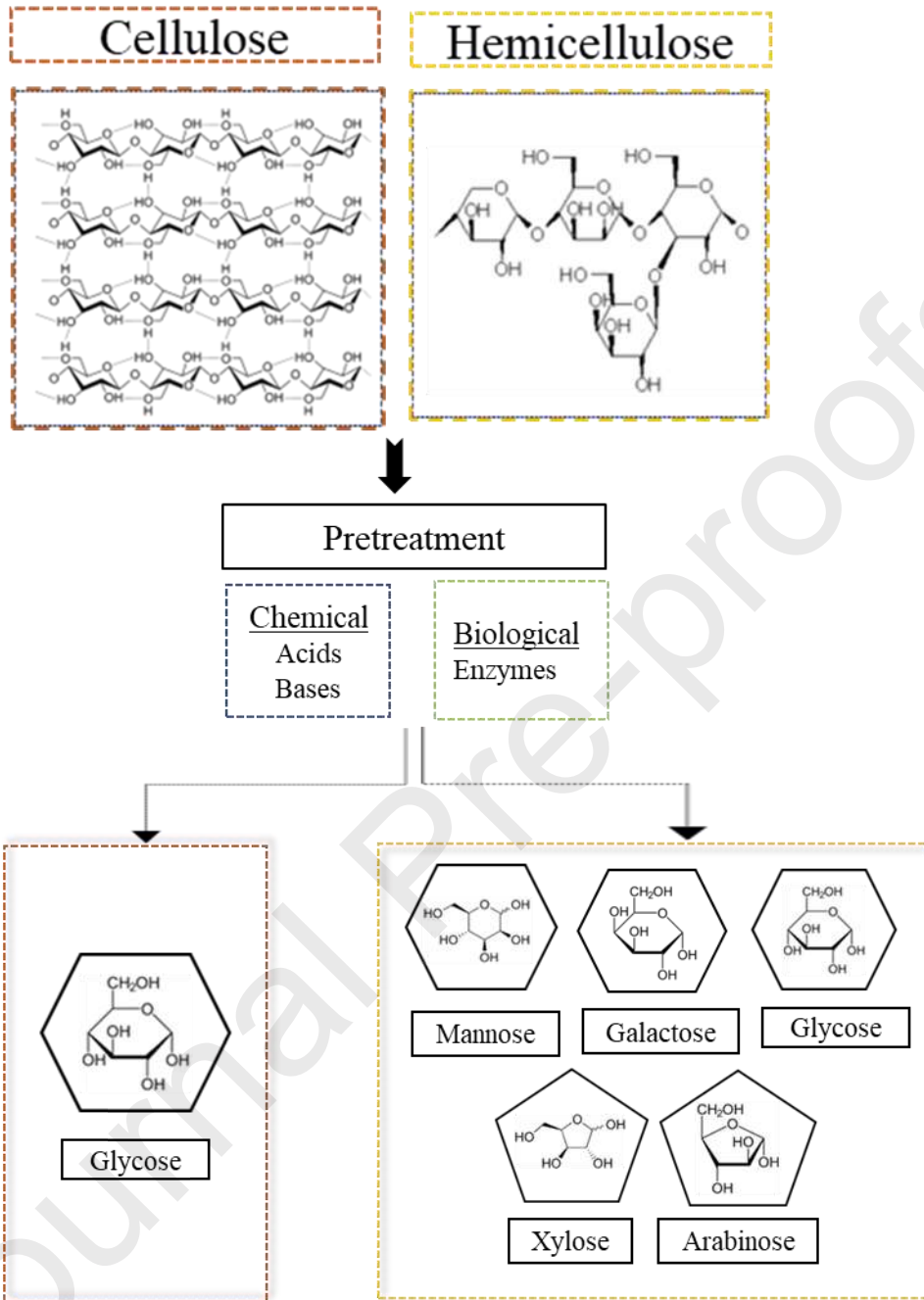


(a)

(b)

Fig. 3

Journal Pre-proofs



1 **Table 1.** Production of SCP by various yeast species.

Yeasts	Renewable feedstock	Fermentation mode	Biomass (g/L)	Protein Content (% w/w)	Reference
<i>K. marxianus</i>	Cheese whey	Batch, bioreactor	6.0 (normal cell density inoculum) 12.4 (medium-cell-density inoculum followed by changing to continuous fermentation) 15.9 (high-cell inoculum concentration)	42.0	[41]
<i>K. marxianus</i> <i>C. krusei</i> (mono and mixed culture)	Cheese whey (diluted)	Batch, bioreactor	4.7 (mono culture) 6.1 (mixed culture)	43.4	[74]
<i>S. cerevisiae</i>	Date juice	Batch, bioreactor	42.8	67.8	[126]
<i>Y. lipolytica</i>	Waste cooking oil	Batch, flasks	57.3	12.6	[25]
<i>C. utilis</i>	Deproteinized potato wastewater & glycerol	Batch, flasks	>30.0	40.7	[42]

<i>C. lipolytica</i>	Olive fruit wastes (Alkali hydrolysis treatment)	Batch, flasks	15.0 17.5 (supplemented with 0.4 g/L peptone)	70.0 64.0	[29]
<i>S. cerevisiae</i>	Fruit wastes from Mango, Prickly Custard Apple, Papaya, Pineapple, Banana, Mangosteen, Cashew apple, Cacao, Jackfruit, Pomegranate	Batch, flasks	0.4 ¹	48.3 (Pineapple media)	[28]
<i>Y. lipolytica</i>	Sugarcane molasses, Waste cooking oil, Crude glycerol	Batch, bioreactor	39.0 (molasses-based media) 17.9 (waste cooking oil- based media) 19.7 (crude glycerol) 151.2 (molasses- based media in 10L bioreactor)	45- 54	[24]
<i>S. cerevisiae</i> (CCMA 0186)	Vinasse & molasses	Fed- batch, bioreactor	8.8 (<i>C. parapsilosis</i> CCMA 0544)	22.0	[43]

+ CCMA 0188) <i>C. parapsilosis</i> <i>C. glabrata</i> <i>M. caribbica</i>			(50:50 vinasse: molasses)		
<i>P. kudriavzevii</i> <i>P. jadinii</i> <i>G. candidum</i> <i>C. tropicalis</i> (MO- M5 & CGMCC 2.587) <i>S. cerevisiae</i> (XJU-2 & JJ)	Biogas slurry (derived from chicken manery)	Bottles	6.8	39.4	[15]
<i>N. rattus</i>	Biogas slurry (derived from chicken manery)	Batch, flasks	12.6	35.9	[14]
¹ grams					

Table 2. Literature results regarding biomass (dry cell weight; DCW in g/L) production by microorganisms cultivated on solid/ semi solid and liquid waste types.

Solid and semi solid waste types				
Waste type	Microorganism	Culture configuration	DCW (g/L)	Reference
Waste breads	<i>Rhizopus delemar</i> CBS 145940	Fed- batch, bioreactor	12.4	[127]
Pomegranate & orange fruit peels	<i>S.cerevisiae</i>	Batch, flasks	9.4	[128]
Stearin (industrial derivative of tallow composed of solid free fatty acids)	<i>Yarrowia lipolytica</i> ACA-DC 50109	Batch, bioreactor	30.5	[129]
Animal fat	<i>Sporobolomyces pararoseus</i> CCY 19-9-6	Batch, Flasks	8.0	[130]
Coffee husks	<i>Rhodotorula mucilaginosa</i> CCMA 0156	Batch, Flasks	8.69	[131]
Liquid waste types				
Waste cooking oil	<i>Y. lipolytica</i> YLY	Batch, bioreactor	17.9	[24]
Cheese whey	<i>K. marxianus</i> strain CHY1612	Batch, bioreactor	4.7	[74]

Coffee wastewaters	<i>Candida sorboxylosa</i>	Batch, Flasks	3.4	[132]
OMWs	<i>Yarrowia lipolytica</i> ACA-YC 5033	Batch, bioreactor	4.8	[133]

Table 3. Literature results regarding biomass (dry cell weight; DCW in g/L) production by yeasts and fungi cultivated on (enriched with salts or lactose) cheese-whey substrate.

Microorganism	Culture configuration	DCW (g/L)	Reference
<i>Candida curvata</i> D	Batch bioreactor	13.8	[134]
<i>Candida curvata</i> D	Continuous bioreactor	14.2	»
<i>Cryptococcus curvatus</i> ATCC 20509	Batch bioreactor	23.2	[135]
<i>Cryptococcus curvatus</i> ATCC 20509	Fed-batch bioreactor	85.0	»
<i>Cryptococcus curvatus</i> ATCC 20509	Continuous bioreactor	21.0	»
<i>Cryptococcus curvatus</i> ATCC 20509	Continuous bioreactor with recycling	91.4	»
<i>Mortierella isabellina</i> ATHUM 2935	Batch, shake flasks	42.3	[136]
<i>Thamnidium elegans</i> CCF 1465	Batch, shake flasks	29.5	»
<i>Mucor</i> sp. LGAM 366	Batch, shake flasks	28.5	»
<i>Cryptococcus curvatus</i> KCTC 27583	Batch, shake flasks	7.2	[137]
<i>Cryptococcus curvatus</i> NRRL Y-1511	Batch, shake flasks	38.5	[138]

<i>Cryptococcus curvatus</i> NRRL Y-1511	Batch, shake flasks	10.8	[139]
<i>Cryptococcus laurentii</i> UCD 68-201	Batch bioreactor	14.4	»
<i>Cystobasidium oligophagum</i> JRC1	Batch, shake flasks	21.0	[140]
<i>Papiliotrema laurentii</i> NRRL Y-2536	Batch, shake flasks	22.0	[65]
<i>Papiliotrema laurentii</i> NRRL YB-3594	Batch, shake flasks	14.7	»
<i>Cryptococcus curvatus</i> ATCC 20509	Fed-batch, shake flasks	38.1	»

Table 4. Experimental results concerning biomass (dry cell weight, DCW g/L) production of microbial strains cultivated on pure or crude glycerol-based media. Variable quantities of cellular lipids and polysaccharides were reported.

Strain	Culture configuration	DCW (g/L)	Reference
1) Yeasts			
<i>Cryptococcus curvatus</i> ATCC 20509	Fed-batch bioreactor	118.0	[93]
<i>Yarrowia lipolytica</i> ACA-DC 50109	Single stage continuous	8.1	[141]
<i>Yarrowia lipolytica</i> ACA-DC 50109	Fed Batch bioreactor	4.7	[142]
<i>Cryptococcus curvatus</i> ATCC 20509	Fed Batch bioreactor	32.9	[143]
<i>Rhodotorula glutinis</i> TISTR 5159	Shake flasks	5.5	[144]
<i>Cryptococcus curvatus</i> ATCC 20509	Fed Batch bioreactor	22.0	[145]
<i>Yarrowia lipolytica</i> MUCL 28849	Fed Batch bioreactor	42.2	[146]
<i>Yarrowia lipolytica</i> MUCL 28849 b	Fed Batch bioreactor	41.0	»
<i>Rhodospiridium toruloides</i> AS2.1389	Shake flasks	19.2	[147]
<i>Rhodospiridium toruloides</i> AS2.1389	Batch bioreactor	26.7	»
<i>Yarrowia lipolytica</i> A10	Fed Batch bioreactor	23.0	[148]
<i>Candida sp.</i> LEB-M3	Shake flasks	19.7	[149]
<i>Kodamaea ohmeri</i> BY4-523	Shake flasks	10.3	[150]
<i>Trichosporanoides spathulata</i> JU4-57	Shake flasks	17.1	[151]
<i>Trichosporanoides spathulata</i> JU4-57	Fed Batch bioreactor	13.8	»
<i>Yarrowia lipolytica</i> TISTR 5151	Batch bioreactor	5.5	[152]
<i>Cryptococcus curvatus</i> ATCC 20509	Shake flasks	50.4	[153]
<i>Rhodospiridium toruloides</i> Y4	Batch bioreactor	35.3	[154]
<i>Yarrowia lipolytica</i> Q21	Shake flasks	3.85	[155]
<i>Yarrowia lipolytica</i> ATCC 20460	Shake flasks	11.6	[156]
<i>Rhodospiridium toruloides</i> Y4	Shake flasks	24.9	[157]
<i>Rhodospiridium toruloides</i> AS 2.1389	Batch flasks	18.9	[158]
<i>Debaryomyces prosopidis</i> FMCC Y69	Batch flasks	31.9	[91]

2) Fungi and micro-algae			
<i>Mortierella isabellina</i> ATHUM 2935	Shake flasks	8.5	[159]
<i>Cunninghamella echinulata</i> ATHUM 4411	Shake flasks	7.8	[160]
<i>Aspergillus niger</i> LFMB 1	Shake flasks	5.4	[161]
<i>Aspergillus niger</i> NRRL 364	Shake flasks	8.2	»
<i>Schizochytrium limacinum</i> SR21	Shake flasks	13.1	[162]
<i>Schizochytrium limacinum</i> SR21	Single stage continuous	≈11	[163]
<i>Mortierella ramanniana</i> MUCL 9235	Shake flasks	7.0	[164]
<i>Mortierella ramanniana</i> MUCL 9235	Batch bioreactor	9.7	»
<i>Cunninghamella echinulata</i> ATHUM 4411	Shake flasks	6.9	»
<i>Cunninghamella echinulata</i> ATHUM 4411	Batch bioreactor	4.2	»
<i>Mortierella alpina</i> LPM 301	Shake flasks	28.6	[165]
<i>Mortierella alpina</i> NRRL-A-10995	Shake flasks	26.7	»
<i>Schizochytrium sp.</i> S31	Batch bioreactor	≈40	[166]
<i>Mortierella alpina</i> LPM 301	Shake flasks	15.6	[167]
<i>Mortierella alpina</i> NRRL-A-10995	Shake flasks	20.5	»

Highlights

- Single Cell Protein (SCP) as a promising protein alternative for multiple applications.
- Production of SCP by a plethora of microorganisms, including fungi, yeasts, bacteria, and algae.
- The production of SCP and process sustainability could be enhanced via the valorization of agricultural waste.
- Potential application as packaging material.

- Sensorial-, and safety-aspects as well as consumers perception issues of SCP incorporation into food-related matrices.

