



# Goals for a Respectful Conversation About the COVID-19 Vaccine

Conversations about the COVID-19 vaccine should be centered with an intention to listen to someone's concerns, acknowledge our understanding of their viewpoint and communicate that we care.

These goals and examples of what we might say can help keep sensitive conversations respectful and caring.

1

## Invite to Speak

"Tell me more."

"I'd like to hear more about your experience."

"I'm asking because I care about you. I'm here to listen."

2

## Reflect Back

"It sounds like ..."

"I'm hearing that you ..."

"I'm going to say what I'm understanding, and please correct me if I get this wrong."

3

## Create Shared Goals

"I wish that we could stop worrying about COVID-19."

"I think we both want to do what it takes to stay safe and healthy."

"Wouldn't it be good if we could do things and enjoy them without any restrictions?"

4

## Set up The Next Conversation

"Is it OK if I get more information about ..."

"I appreciate your time. When do you think we can talk again?"

"I'm glad we're talking about this. I can't talk longer now, but when can we talk again?"