

1 **Efficient purging of deleterious mutations contributes to the survival of a rare**
2 **conifer**

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62 Running head: Purging of deleterious mutations in a rare conifer

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65

66 **Abstract**

67 Cupressaceae is a conifer family rich in plants of horticultural importance, including *Cupressus*,
68 *Chamaecyparis*, *Juniperus* and *Thuja*, yet genomic surveys are lacking for this family. *Cupressus*
69 *gigantea*, one of the many rare conifers that are threatened by climate change and anthropogenic
70 habitat fragmentation, plays an ever-increasing role in ecotourism in Tibet. To infer how past
71 climate change has shaped the population evolutionary of this species, we generated a *de novo*
72 chromosome-scale genome (10.92 Gb) and compared the species' population history and genetic
73 load to that of a widespread close relative, *C. duclouxiana*. Our demographic analyses, based on
74 83 re-sequenced individuals from multiple populations of the two species, revealed a sharp decline
75 of population sizes during the first part of the Quaternary, however, populations of *C. duclouxiana*
76 then started to recover, while *C. gigantea* populations continued to decrease until recently. The
77 total genomic diversity of *C. gigantea* is smaller than that of *C. duclouxiana*, but contrary to
78 expectations, *C. gigantea* has fewer highly and mildly deleterious mutations than *C. duclouxiana*,
79 and simulations and statistical tests support purifying selection during prolonged inbreeding as the
80 explanation. Our results highlight the evolutionary consequences of decreased population size on
81 the genetic burden of a long-lived endangered conifer with large genome size and suggest that
82 genetic purging deserves more attention in conservation management.

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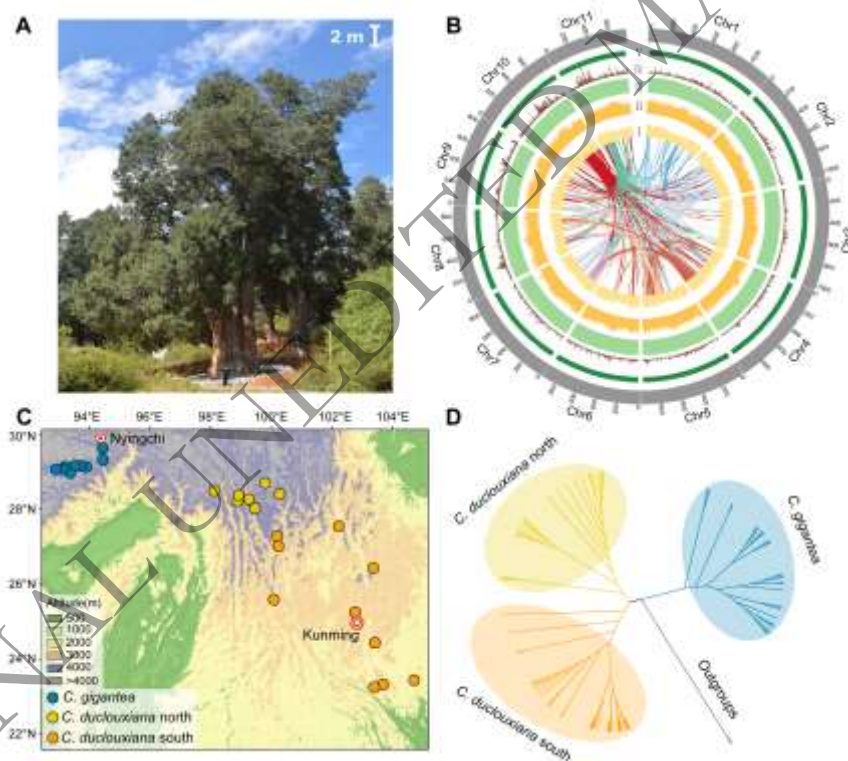
84 Key words: endangered species, cypresses, effective population size, large genomes, genetic load

85

86 **Introduction**

87 Many conifers are important as sources of timber, in landscaping, and in the cultures of people
88 around the world. Some, such as species of *Cupressus*, *Chamaecyparis*, *Juniperus* and *Thuja*, have

89 been the subject of selection for ornamental purposes, leading to the development of hundreds of
 90 cultivars [1]. Others, such as the common cypress, *Cupressus sempervirens*, are highly praised
 91 trees with a rich historical significance in cultures across the West Asia, Asia Minor,
 92 Mediterranean basin, and North Africa [2]. In Tibet, species of *Cupressus* have been used for
 93 temple construction since the Bronze Age, and there is evidence that Cupressaceae forests
 94 transitioned into desert pastures at some point within the last 5000 years [3]. Among the culturally
 95 most important species is *Cupressus gigantea* W.C. Chen & L.K.Fu, locally known as the Tsangpo
 96 River cypress, which has a narrow distribution in the dry valleys of the Yarlung Tsangpo and
 97 Nyang rivers in the southern Qinghai-Tibet Plateau (QTP, **Figure 1**). This endemic cypress is
 98 classified as ‘Vulnerable’ in the IUCN Red List [4] and a ‘First-class national key protected wild
 99 plant’ in Chinese rare species lists [5]. It is the highest and largest tree living 3000 meters above
 100 sea level: Mature individuals reach between 30 and 45 m in height, with diameters of 3 to 6 meters
 101 [6]. In the valleys where it occurs, *C. gigantea* and *Pinus densata*, another conifer with smaller
 102 size, are the only two species of trees that can provide the timber for diverse artificial construction
 103 [3, 7]. In addition, the branchlets of *C. gigantea* are one of the raw materials for the production of
 104 special incense, which is used by the Tibetans in their daily lives and religious practices [8].



105
 106 **Figure 1 | Habit, genomic landscape, geographic sampling, and phylogeny for *Cupressus***
 107 ***gigantea*.** (A) The so-called King Cypress, one of the largest known individuals at Nyingchi. (B)
 108 Genomic landscape of the 11 assembled chromosomes. Track V, GC content; track IV, gene
 109 density; track III, distribution of repeat elements; track II, distribution of Ty3-Gypsy elements;
 110 track I, distribution of Ty1-Copia elements; center, intra-genome colinear blocks connected by
 111 curved lines. (C) Sample locations of the nine sampled *C. gigantea* populations and the 17 *C.*
 112 *duclouxiana* populations. (D) A neighbor-joining phylogenetic tree of all sampled individuals
 113 based on identity-by-state (IBS) genetic distances.

114

115 Here we focus on the genetics of *C. gigantea*, specifically on its demographic history, genetic
116 diversity and genetic load (defined as the reduction of population fitness due to the fixation of
117 deleterious mutations [9]). As population sizes decrease, inbreeding increases, with negative
118 effects on genetic diversity, making populations more vulnerable to external threats [10, 11]. The
119 expected negative feedback loop continues by increasing the probability of stochastic
120 demographic events and genetic drift [12]. Population-genetic theory predicts that, in small
121 populations, recessive deleterious mutations tend to accumulate and increase the risk of extinction
122 [9, 13]. On the other hand, continuous inbreeding results in the increased expression of (partially)
123 recessive deleterious mutations, which creates the potential for purifying selection to remove these
124 mutations. This process, known as genetic purging, depends on the degree of dominance and the
125 magnitude of the deleterious effects [14]. For plants, more recent studies have examined the
126 genetic effects after prolonged population decline in a rare Asian Betulaceae, *Ostrya rehderiana*,
127 and its widespread close relative, *O. chinensis* [15], in the Chinese Tertiary relict species
128 *Dipertonia dyeriana* and *D. sinensis* [16], and in Chinese endemic apricots (*Prunus hongpingensis*
129 and *P. zhengheensis* [17]). No study so far has focused on the genomic effects of population
130 bottlenecks in conifer, likely because of their huge genomes.

131 Here, we sequenced and assembled a high-quality genome for *C. gigantea*, which has a large
132 genome size around 11 Gb, and then re-sequenced 31 additional *C. gigantea* and 52 *C.*
133 *duclouxiana* individuals across their distributional ranges (**Figure 1**) to identify genome-wide
134 genetic variations. *Cupressus duclouxiana* diverged from *C. gigantea* about eight million years
135 ago (Mya) [18] and is widespread between 1,400 to 3,300 m in Yunnan and southwestern Sichuan
136 (**Figure 1**). Based on these genomic data, we aimed to address the following questions: (1) Did the
137 demography of two species respond similarly to historical climatic oscillations or more recent
138 disturbance by humans? If not, why might their demographic histories differ? And (2) What is the
139 pattern of accumulation of deleterious mutations and genetic purging in the common vs. the rare
140 species?

141

142 **Results**

143 **Genome evolution of *Cupressus gigantea***

144 Based on *k*-mer frequency analysis with ~1,380 Gb (~113.04 × coverage) DNBseq short reads, the
145 genome size of the *C. gigantea* was estimated to be 10.38 Gb (**Table 1; Figure S1 and Table S1**).
146 To obtain a high-quality of genome for *C. gigantea*, we first generated ~1,212 Gb (~117×
147 coverage) Nanopore long sequencing reads and resulted in primary genome of 10.92 Gb. This
148 assembly contained 18,562 contigs with contig N50 of 1.61 Mb (**Table 1; Table S2**). We then
149 used ~1,152 Gb Hi-C reads (~111× coverage) to assist the assembly correction. Consequently,
150 nearly 94% (10.26 Gb) of the assembled contigs were anchored to 11 chromosomes. The
151 super-scaffold N50 was improved to 917.08 Mb, and the longest chromosome contains 1189.33
152 million of bases (**Table 1, Figure 1B; Figure S2**). Based on BUSCO estimation, 1,296 of 1,614
153 core genes were complete (**Table S3**). In addition, about 99.87% of short reads and 90.02% of
154 RNA-seq reads could be mapped onto the assembly. Together these results indicate the relatively
155 high completeness and continuity of the *C. gigantea* genome (**Table S2, S4**).

156

157

158

159 **Table 1** The statistics for genome sequencing of *Cupressus gigantea*

Category	Item	Statistic
Sequencing	DNBseq data (Gb)/coverage(X)	1380.98/113.04
	Nanopore data (Gb)/coverage(X)	1212.20/116.78
	Hi-C data (Gb)/coverage(X)	1152.33/111.01
Assembly features	Estimated genome size (Gb)	10.38
	Assembly genome size (Gb)	10.92
	Number of contigs	18562
	Contig N50 (Mb)	1.61
	Number of scaffolds	605
	Scaffold N50 (Mb)	917.08
	Longest scaffold (Mb)	1189.33
	Chromosome-scale scaffolds (Gb)	10.26 (94.96%)
	GC content (%)	34.90
Annotation	Predicted gene number	35384
	Functional gene number	31306
	Repetitive elements content (%)	88.62

160

161 By combining *ab initio*, homology, and transcriptome prediction strategies, a total of 35,384
 162 hypothetical protein-coding genes were annotated. Repetitive sequences make up a large portion
 163 (~9.68 Gb) of the *C. gigantea* genome, with the most abundant type being long terminal
 164 repeat-retrotransposons (LTR-RTs) (**Table 1; Table S5-S7**). The expansion of LTR-RTs occurred
 165 rapidly between 1-2 Mya, a timeframe notably younger than previously estimates of gymnosperm
 166 genomes [19], pointing to a relatively unique TE expansion in *C. gigantea* (**Figure S3**). The
 167 distribution of synonymous substitution rates per gene (Ks) and the distance-transversion rate at
 168 4-fold degenerate sites (4Dtv) indicate that the *C. gigantea* genome shares the seed plant whole
 169 genome duplication (WGD) [20], but no additional duplication (**Figure S4**). A total of 2558
 170 expanded gene families and 86 significantly expanded families were present in *C. gigantea*
 171 relative to *Sequoiadendron giganteum*. We also identified 694 gene families unique to *C. gigantea*.
 172 Functional enrichment analysis indicate that these expanded and unique gene families are mainly
 173 associated with flavone and flavanol biosynthesis, hypoxia, and cold stress response (**Figure S5**;
 174 **Table S8-S11**).

175

176 **Population structure and demographic history**

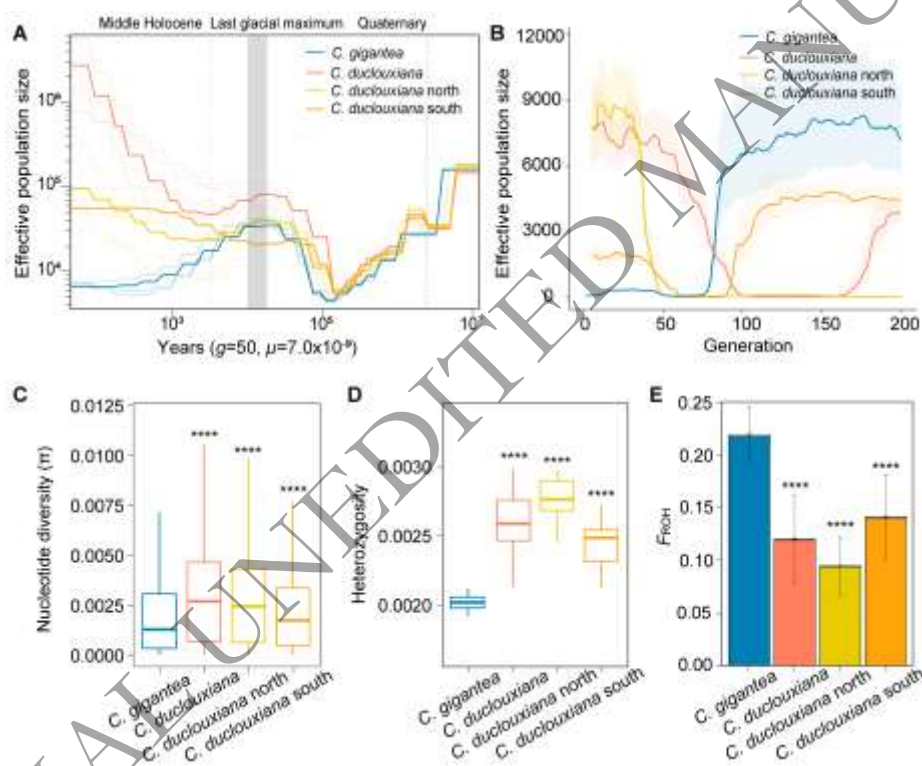
177 Overall, 83 individuals (32 individuals from nine populations of *C. gigantea* and 51 individuals
 178 from 17 populations of *C. duclouxiana*) were sampled and used for population analyses (**Figure**
 179 **1C; Table S12**). We generated 14.78 Tb data, resulting in an average sequencing depth of ~15×
 180 for each accession (**Table S13**). Based on the mapping results, we obtained ~1,390 million
 181 high-quality SNPs, approximately 97.19% of them located in intergenic regions (**Figure S6**).

182

183 Based on linkage disequilibrium-pruned SNPs, we first clustered individuals using
 184 phylogenetic reconstruction analysis. Neighbor-joining (NJ) tree support the deep split between
 185 two species, and *C. duclouxiana* is then further divided into a northern and a southern lineage
 186 (**Figure 1D**). Clustering by principal component analysis (PCA) also supports three distinct
 groups (**Figure S7**). Genome-wide linkage disequilibrium (LD) varies markedly among the

187 species, with *C. gigantea* having a slower LD decay with half the maximum r^2 not attained until
 188 ~350 kb, whereas in *C. duclouxiana*, half the maximum r^2 for was attained at ~185 kb (**Figure**
 189 **S8**).

190 Based on whole-genome data, we further explored the demographic history of *C. gigantea*
 191 and closely related species. Results from SMC++ analysis of changes in effective population size
 192 (N_e) over the past 10 million years (**Figure 2A**) show that both species endured similar declines
 193 during the early Quaternary and then started to re-expand until the beginning of the Holocene
 194 (11,700 years ago) when the N_e of *C. gigantea* began to decline again, never to recover until the
 195 present [21]. This inference was also supported by Stairway Plot analyses (**Figure S9**). A GONE
 196 analysis of the species' more recent population history indicated that, in contrast to the population
 197 recovery of *C. duclouxiana*, the N_e of *C. gigantea* has continued to decrease for the past ~6000
 198 years. This period spans approximately 120 generations, assuming a generation time of 50 years
 199 (**Figure 2B**).



200
 201 **Figure 2 | Demographic history, genetic diversity, and estimates of inbreeding.** (A) The
 202 demographic history was inferred using SMC++. The time scale on the x axis is calculated based
 203 on a mutation rate per generation (μ) of 7.0×10^{-9} and a generation time (g) of 50 years. The pale
 204 extra lines represent randomized replicates. The last glacial maximum is indicated by grey vertical
 205 bars. The grey dotted lines depict the onset of the Quaternary and of the middle Holocene. (B) The
 206 demographic history was inferred using GONE. The light background colors correspond to the
 207 upper and lower bounds of the 95% confidence intervals. (C) Boxplots showing genetic diversity
 208 (π), (D) whole-genome heterozygosity for each individual, and (E) inbreeding estimated from the
 209 genome proportion with runs of homozygosity (F_{ROH}). Coloured bars depict the total proportion of
 210 the genome with ROH longer than 100 kb and the open bars show ROH longer than 1 Mb. P
 211 values for comparisons were obtained from Welch's t-tests, with asterisks denoting the
 212 significance level (**** $P < 0.0001$). Comparisons were conducted between *Cupressus gigantea*

213 and *C. duclouxiana*, the latter either as a single entity or instead separated into its northern and
214 southern populations.

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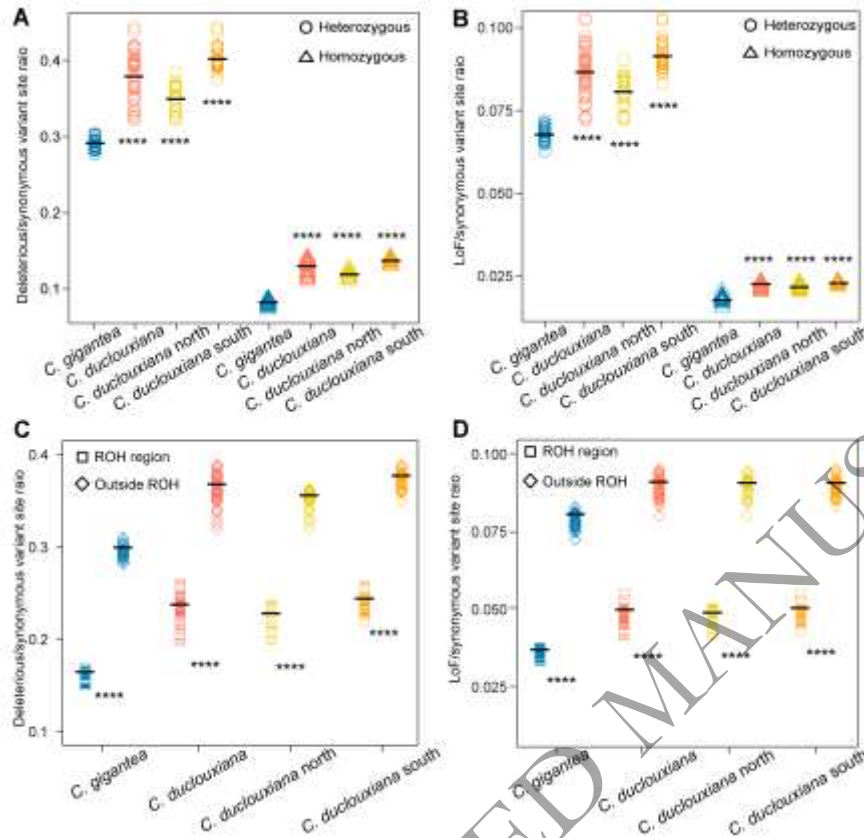
216 **Genetic diversity and inbreeding in *Cupressus gigantea***

217 We next tested how the reduced population sizes have influenced the two species' genetic
218 diversity and heterozygosity. *Cupressus gigantea* has significantly lower genetic diversity ($\pi =$
219 0.00201) and heterozygosity (0.00201, individual-based) than *C. duclouxiana* ($\pi = 0.00308$, $P <$
220 0.0001; heterozygosity = 0.00257, $P < 0.0001$; **Figure 2C, D; *t*-test**). In addition, the fraction of
221 the genome in ROH (F_{ROH}), a genomic measure of inbreeding (ROH length > 100 kb), differed
222 markedly between the species. On average, ROH regions comprised 21.93% of the *C. gigantea*
223 genome but only 12.02% of the *C. duclouxiana* genome (**Figure 2E; Figure S10, S11**), indicating
224 a higher level of inbreeding in *C. gigantea*. Using a threshold for ROH length of >1 Mb to
225 evaluate recent inbreeding levels [15, 22], we found that 0.2198% of the *C. gigantea* and 0.1171%
226 of the *C. duclouxiana* genome consisted of such long ROH regions (**Figure 2E**). Individuals'
227 whole-genome heterozygosity was also negatively correlated with F_{ROH} in both *C. gigantea* ($r^2 =$
228 37.34%, $P < 0.00012$) and *C. duclouxiana* ($r^2 = 76.88\%$, $P < 2.2e-16$) (**Figure S12**).

229

230 ***Cupressus gigantea* has fewer deleterious mutations than the widespread *C. duclouxiana*** 231 **likely due to increasing inbreeding and purifying selection**

232 To estimate the genetic load of *C. gigantea* and *C. duclouxiana*, we first calculated the π (0-fold
233 degenerate variants) / π (4-fold degenerate variants) ratio. We found a lower ratio in *C. gigantea*
234 than in *C. duclouxiana* (**Figure S13**), suggesting that *C. gigantea* is under stronger purifying
235 selection. To further test this, we assessed the genetic load by analysing the accumulation of
236 deleterious derived alleles. For this, SNPs in coding sequences were categorized into four groups
237 based on their impact on gene function: synonymous, tolerated, deleterious, and loss of function
238 (LoF). In both species, most deleterious derived alleles were maintained in a heterozygous state,
239 and there were fewer such alleles in *C. gigantea* than *C. duclouxiana* (**Figure S14**). Since the
240 mutation rate of different species may be different, we used the number of derived synonymous
241 mutations for normalization by comparing the ratio of derived functional variants (including LoF,
242 deleterious and tolerated variants) to derived synonymous mutations at heterozygous sites and
243 homozygous sites and found reduced LoF and missense variants in *C. gigantea* compared to *C.*
244 *duclouxiana* (**Figure 3A, B; Figure S15**). Moreover, the ROHs had fewer LoF and deleterious
245 alleles in the two species, and *C. gigantea* carried many fewer LoF and deleterious alleles in ROH
246 regions than did *C. duclouxiana* (**Figure 3C, D**).



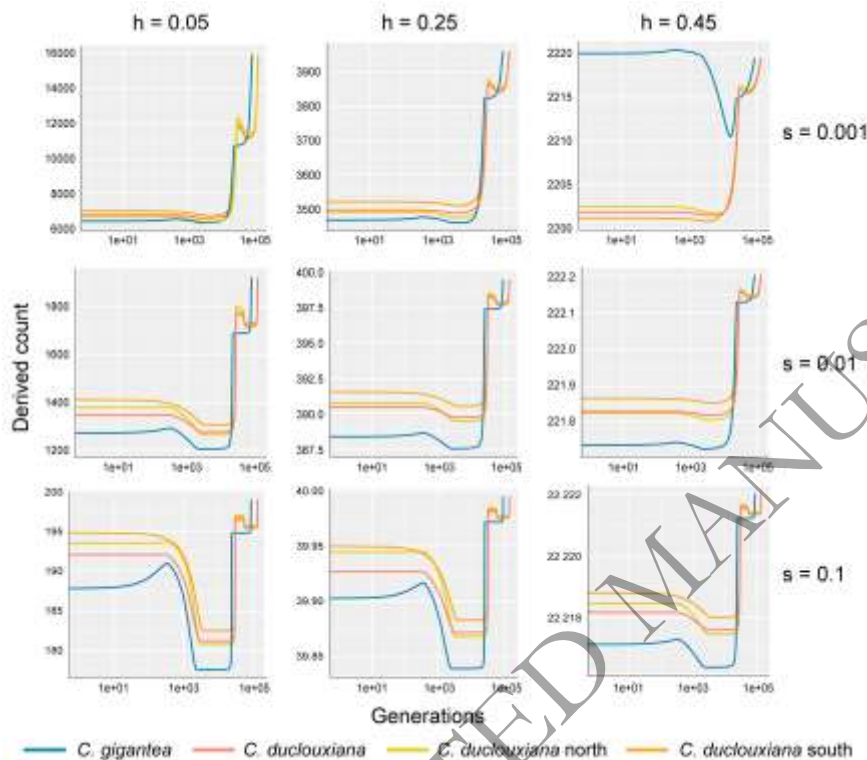
247

248 **Figure 3 | Characterization of the genetic load of *Cupressus gigantea* and *C. duclouxiana*.** (A),
 249 (B) Ratio of derived deleterious (A) and LoF (B) variants to derived synonymous variants in
 250 heterozygous (circles) and homozygous (triangles) tracts per individual. Horizontal bars represent
 251 the average values. *P* values for comparisons were obtained from Welch's t-tests, with asterisks
 252 denoting the significance level (****, $P < 0.0001$, comparisons were conducted between *C.*
 253 *gigantea* and *C. duclouxiana*, the latter either as a single entity or instead separated into its
 254 northern and southern populations. (C), (D) Ratio of derived deleterious (C) and LoF (D) variants
 255 to derived synonymous variants inside ROH regions (squares) and outside ROH regions (rhombi)
 256 per individual. Horizontal bars represent the average values. *P* values for comparisons were
 257 obtained from Welch's t-tests, with asterisks denoting the significance level (****, $P < 0.0001$, a
 258 comparison was conducted between in ROH regions and outside ROH).

259

260 To further test to what extent the detected purging of deleterious mutations in *C. gigantea*
 261 might be the result of prolonged inbreeding, we predicted the dynamics of deleterious derived
 262 alleles, using different values for the dominance coefficient (h) and the homozygous deleterious
 263 effect (s) (Figure 4). When considering scenarios consistent with the population demographic
 264 history, our simulation suggested that, after the first population decline (~6 to 0.15 Mya; Figure
 265 2A), purging produced a larger reduction of deleterious mutations in *C. gigantea*, particularly for
 266 mildly ($s = 0.01$) and strongly ($s = 0.1$) recessive deleterious mutations. Conversely, for weakly
 267 deleterious ($s = 0.001$) mutations with roughly additive effect ($h=0.45$), reductions in the N_e
 268 resulted in an increased mutation burden in the long term. However, within the time scale
 269 represented in these predictions, the increase in the genetic load due to weakly deleterious
 270 mutations with roughly additive effect was smaller than the reduction of purging observed for the

271 recessive deleterious mutations ($h < 0.25$). Lastly, we predicted the purging dynamics in extremely
 272 bottlenecked populations. The results showed that when populations become extremely small, e.g.,
 273 $N_e = 1000$, the accumulation of deleterious mutations soared due to drift (**Figure S16**).



274
 275 **Figure 4 | Predicted evolution of the deleterious burden for *Cupressus gigantea* and *C.***
 276 ***duclouxiana*.** The x axis corresponds to the generations before the present on a decimal logarithm.
 277 Panels depict different combinations the dominance coefficient (h) and the homozygous
 278 deleterious effect (s) based on the population demographic history, always assuming a haploid
 279 mutation rate of $\lambda = 1$. *Cupressus duclouxiana* was treated either as a single entity or instead
 280 separated into its northern and southern populations.

282 Discussion

283 Our study reveals demographic insights on two species of *Cupressus*, a genus rich in species of
 284 cultural and economic significance. By providing a chromosome-level genome (10.92 Gb,
 285 scaffold N50 = 917.08 Mb) of *C. gigantea*, a large, threatened conifer that today is restricted to the
 286 dry valleys of the Yalu Tsangpo River and Nyang River on the Qinghai-Tibet Plateau (QTP), we
 287 add an important genetic resource for the future protection of conifer germplasm. In addition, our
 288 whole-genome resequencing-based population genetic analysis of *C. gigantea* and its widespread
 289 relative *C. duclouxiana* revealed the decreased genetic diversity of the former species. This is
 290 consistent with our estimate that at present the effective population size (N_e) of *C. gigantea* is only
 291 around 0.2% that of *C. duclouxiana* (**Figure 2A**). Our demographic reconstruction showed that
 292 both species underwent similar population decline and recovery from the Pliocene to the
 293 Quaternary, reflecting major climatic fluctuations since the late Miocene. However, *C. gigantea*
 294 experienced sharper population reductions after the Naynayxungla glaciation (0.8-0.5 Mya) [21],
 295 resulting in a consistently smaller N_e than *C. duclouxiana*. Although the population sizes of both
 296 species recovered by ca. 0.15 Mya, the population size of *C. gigantea* increased more slowly than

297 that of *C. duclouxiana*. Even at the peak of population growth (~30,000 years ago), the N_e of *C.*
298 *gigantea* was only approximately 43.03% as that of *C. duclouxiana*. The two species' different
299 deep demographic histories may reflect differences in their habitats in terms of climate, altitude,
300 and topology: *C. duclouxiana* is mainly distributed in the lower elevation Hengduan Mountains
301 within alternate valleys and mountains (**Figure 1C**), rather than the central highland, and it may
302 therefore have been less impacted by the Pleistocene glaciations. Climate refugia in the valleys of
303 the Hengduan Mountains may also have helped its population expansion [23]. By contrast, *C.*
304 *gigantea* may have been restricted to the higher QTP, which likely suffered more severely from the
305 Pleistocene climatic fluctuations. Even during the interglacial climate warming periods, the
306 proximity to glaciers and the restricted availability of suitable habitats could have hampered the
307 recovery of *C. gigantea* [21, 24].

308 After the Last Glacial Maximum (LGM), the populations of both species declined, but unlike
309 *C. duclouxiana*, the population size of *C. gigantea* never recovered and kept falling through the
310 Holocene according to SMC++ (**Figure 2A**). Our reconstruction of the species' recent
311 demographic history using GONE [25] further suggested that *C. gigantea* experienced a sharp
312 reduction of N_e started about 6000 years ago (**Figure 2B**), while the N_e of *C. duclouxiana*
313 recovered. The two species' contrasting recent demographic histories likely result from different
314 degrees of anthropogenic disturbance. Anthropogenic disturbance in the Yarlung Tsangpo valley is
315 documented by Bronze Age cultural remains, including agriculture [26] and temples built from
316 cypress wood from ~4300 years ago [7]. This likely involved the felling of *C. gigantea*, because
317 along with *Pinus densata*, it represents one of the very few timber species in this tree-deficient
318 region. Archaeological remains and paintings in ancient temples also support that Holocene
319 humans cut down high-altitude timber for construction [3]. *Cupressus duclouxiana*, by contrast,
320 mainly occurs at lower altitudes in the southern Hengduan Mountains and the Yungui Plateau,
321 which are covered by species-rich forests that probably suffered less from monospecific logging.

322 Our study further reveals the effects of long-term population size decline on the genetic load
323 in these long-lived conifers. In fact, obtaining direct fitness estimates for woody plants, for
324 example, from the numbers of developing seeds following pollination, is challenging in trees that
325 occur in remote parts of Tibet and whose cones are borne at 5 to 40 m above the ground. Modern
326 studies therefore rely on genomics approaches to study the effects of inbreeding and the genetic
327 load of trees [15-17] and rare animals [9, 13, 27]. Interestingly, we found that the more
328 endangered species *C. gigantea* has a lower genetic load than its more widespread relative, *C.*
329 *duclouxiana*. The most plausible explanation for this is stronger genetic purging during a strong
330 population bottleneck in the distant past (**Figure 2A**), when effective population sizes of *C.*
331 *gigantea* appear to have been down to perhaps just 4,416 to 4,709 individuals, followed by a
332 pronounced population decline from ~6000 to hundreds of individuals during the mid-Holocene
333 (**Figure 2B**). This interpretation is also supported by the lower π_0/π_4 ratio and fewer deleterious
334 mutations within runs of homozygosity (ROH), suggesting a reduction of both highly and mildly
335 deleterious mutations through prolonged inbreeding in *C. gigantea*.

336 Previous empirical studies of genetic purging in wild populations have found that severely
337 deleterious variants are more likely to be purged by strong purifying selection, whereas slightly
338 deleterious mutations tend to accumulate due to relaxed purifying selection, which eventually
339 leads to increased genetic load [15, 28-30]. We also explored the accumulation of deleterious
340 mutations in *C. gigantea* considering genetic drift and purging under four population size

341 scenarios, including a severe population decline to about one sixth of the current N_e ($N_e = 1000$).
342 Under the latter scenario, the accumulation of deleterious mutations soared due to drift (**Figure**
343 **S16**), as may have occurred in *O. rehderiana* in which only a handful of individuals may have
344 survived an inferred bottleneck [15]. The somewhat larger N_e of *C. gigantea* could have permitted
345 more effective purifying selection of deleterious mutations than was possible in *O. rehderiana*.

346 Today, *C. gigantea* is well protected in the Gongbu Nature Reserve, which was designed
347 specifically to protect this tree species. Moreover, we found the absence of very long ROH
348 (lengths >1 Mb) in all sampled populations of *C. gigantea*, consistent with a previous result of low
349 inbreeding based on transcriptome data [31]. Field observations by one of us, Jian Luo, found that
350 *C. gigantea* is fruiting normally and producing seedlings, suggesting that populations today are not
351 suffering from strong inbreeding depression. Thus, the long-term decreasing population size of *C.*
352 *gigantea* seems to have facilitated extensive purging of deleterious alleles and contributed to the
353 populations' adaptation and survival.

354

355 **Materials and methods**

356 **Plant material and genome sequencing**

357 For genome sequencing, fresh intact young scale leaves of *C. gigantea* were collected from the
358 Forestry Bureau's central nursery, Nyingchi, Tibet (94°14'21"E, 29°45'9"N). High-quality
359 genomic DNA was firstly isolated and extracted from these fresh young scale leaves using a
360 modified CTAB method [32]. Regarding Nanopore sequencing, we constructed 20-kilobase (kb)
361 libraries using the SQK-LSK109 kit presented by Oxford Nanopore Technologies (ONT). These
362 libraries were subsequently processed on the PromethION platform, utilizing a total of 20 cells. A
363 single independent complementary library with 300-400 base pair (bp) insertions was also
364 generated and sequenced on the DNBSEQ™ platform. To achieve chromosome-level genome
365 assembly, two Hi-C libraries prepared with MboI restriction enzyme were created following the
366 procedures described previously [33] and sequenced on the DNBSEQ™ platform. Additionally,
367 we conducted RNA-sequencing (RNA-seq) for five tissues that included shoots, scale leaves,
368 stems, cones and roots (**Table S4**). Briefly, total RNAs were isolated and extracted using TRIzol™
369 reagent (Invitrogen), followed by assessment of RNA integrity using the Agilent 2100 Bioanalyzer
370 system (Agilent Technologies). 150 bp paired-end libraries were then constructed using MGIEasy
371 RNA Library Prep Set according to the manufacturer's protocols. Finally, we conducted the
372 sequencing of these libraries on the MGISEQ-2000 platform.

373

374 **Genome assembly**

375 The chromosome-level assembly of *C. gigantea* comprised the following steps: initial assembly,
376 short reads correction, Hi-C scaffolding, and manual checking of positioning and ordering. First,
377 all raw ONT long reads were base error-corrected by Canu (ver. 2.0) [34]. The SMARTdenovo
378 (ver. 1.0; <https://github.com/ruanjue/smarddenovo>) software was then used to assemble the contigs.
379 Next, the clean reads generated from DNBSEQ were aligned back to the assembled contigs using
380 the Burrows-Wheeler Aligner program (BWA-MEM ver. 0.7.17) [35] and sorted by SAMtools
381 (ver. 1.9) [36]. GATK (ver. 4.2.0) UnifiedGenotyper was employed for the identification of
382 homozygous variants with specific criteria (base quality ≥ 20 , mapping quality ≥ 40 and depth ≥ 2)
383 and to generate a refined assembly [37]. For Hi-C scaffolding, the processed Hi-C reads were
384 aligned to the assembled contigs via Juicer (ver. 1.5.6) [38] and BWA-MEM, utilizing default

385 settings. Subsequently, HiC-Pro (ver. 2.7.8) was employed to assess library quality by quantifying
 386 the abundance of unique valid paired-end reads [39]. Unique mapped read pairs were preserved
 387 for downstream analysis. The 3D-DNA pipeline was employed to execute clustering, ordering, and
 388 orientation procedures, leveraging normalized Hi-C interactions as the basis [40]. Finally, the
 389 scaffolds were partitioned into 1 kilobase (kb) bins, and ordering and orientation were adjusted
 390 manually based on the contact maps generated by HiCPlotter software
 391 (<https://github.com/kcakdemir/HiCPlotter/>).

392 To evaluate the completeness and continuity of the assembly, we mapped the RNA-seq reads
 393 to the chromosomes using HISAT2 (ver. 2.1.0) with default settings [41]. Furthermore, we
 394 employed BUSCO (ver. 5. beta.1) to search for 1,614 conserved protein models from the
 395 Embryophyta odb10 database within the genome sequences, providing additional assessment of
 396 the genome assembly quality [42].

398 **Genome repeat element identification and gene prediction**

399 To annotate and analyze repetitive sequences within the *C. gigantea* genome, a dual approach
 400 combining homology-based and *de novo* methods was employed. Specifically, we utilized
 401 RepeatModeler (ver. 2.0.1) to construct a *de novo* repeat library [43]. RepeatMasker (ver. 4.1.1)
 402 [44] and RepeatProteinMask (<http://www.repeatmasker.org/>) were employed to create a
 403 “Viridiplantae” repeat library from the Repbase database (ver. 22.12). Tandem Repeats Finder
 404 (ver. 4.09) was additionally utilized for the identification of tandem repeat elements [45].

405 Next, we predicted protein-coding genes within the repeat-masked *C. gigantea* genome using
 406 a combination of *ab initio*-based, homology-based and RNA-seq-based approaches (**see details in**
 407 **Supplementary Methods**). The integrated gene set was generated by EVIDENCEModeler (EVM;
 408 ver. 1.1.1) [46]. The functions of protein-coding genes were assigned following two strategies: we
 409 adopted eggNOG-mapper (ver. 2) to align proteins to the eggNOG5.0 database [47]. Secondly, we
 410 performed BLASTP (E-values $\leq 1e-5$) alignments of the predicted protein sequences against
 411 multiple databases, including Gene Ontology (GO), Kyoto Encyclopedia of Genes and Genomes
 412 (KEGG), Cluster of Orthologous Groups of proteins (COG), Non-redundant Protein Sequence
 413 Database (NR) and Swiss-Prot protein database. Results generated from these two strategies were
 414 integrated to predict the genes.

416 **Plant material and whole-genome resequencing of *Cupressus gigantea*, *C. duclouxiana*, and 417 outgroups**

418 To conduct a comparative population-genomics study, we collected leaf material from nine wild *C.*
 419 *gigantea* populations (n = 32) and 17 wild *C. duclouxiana* populations (n = 51) in the southern
 420 Qinghai-Tibet Plateau (**Figure 1C; Table S12**). Because of the huge genomes of the species
 421 investigated in this study, resequencing encountered unprecedented challenges, including higher
 422 costs and computational demands. To detect genetic variation across the whole geographical
 423 distribution of the two species, we sampled from as many populations as possible yet only two to
 424 seven mature individuals per population [48]. In each population, the distance between sampled
 425 individuals was >100 meters. Young scale leaves (~1 g per sample) were collected, rapidly
 426 desiccated using silica gel, sealed in plastic bags, and transported back to the laboratory.
 427 Additionally, we collected leaves from one *Juniperus microsperma* and five *C. chengiana* trees as
 428 outgroup samples (**Table S13**). Research and sample collection were both approved by the

429 Forestry and Grassland Bureau of the Tibet Autonomous Region (as a part of the Second Tibetan
 430 Plateau Scientific Expedition and Research (STEP) program). Permanent vouchers for this study
 431 have been deposited in the Sichuan University Museum under the accession numbers SZ02076005
 432 to SZ02076092. For each sample, genomic DNA was isolated and extracted using the Magnetic
 433 Universal Genomic DNA kit (TIANGEN, China) following the provided protocols. DNA quality
 434 was evaluated using 1% agarose gels, while the concentration was determined using Qubit® DNA
 435 Assay Kit in the Qubit® 3.0 Fluorometer (Invitrogen, USA). A quantity of 0.2 µg genomic DNA
 436 from each sample was used to construct a sequencing library using NEB Next® Ultra™ DNA
 437 Library Prep Kit (NEB, USA), followed by sequencing on the DNBSEQ-T7 platform. Each
 438 sample was sequenced to achieve a target coverage of 15×. We used fastp (ver. 0.21.0) [49] to
 439 remove adaptors and low-quality bases and obtained clean sequencing reads with 167.96 Gb data
 440 for each sample on average for further analysis (**Table S13**).

441

442 **Variation calling, quality control and validation**

443 After quality control, the filtered reads of each sample were aligned to *C. gigantea* reference
 444 genome using BWA-MEM with default parameters [35]. SAMtools was employed to convert
 445 SAM format file into the BAM format and sort the alignments based on mapping coordinates [36].
 446 Duplicated reads, which may have been introduced during library construction, were then removed
 447 using Sambamba (ver. 0.8.3) [50]. Finally, the coverage and depth of sequence alignments were
 448 calculated using the depth program in SAMtools (**Table S13**).

449 For SNP and InDel identification, we again used GATK with the HaplotypeCaller module
 450 and the GVCF mode [37]. In brief, the BAM alignment file was firstly processed through
 451 HaplotypeCaller to call haplotypes for each sample. Subsequently, a joint genotyping step was
 452 performed for on genomic variant call formats (gVCFs) files using GenotypeGVCFs to
 453 consolidate variations comprehensively. The GATK-recommended hard-filtering criteria were
 454 then applied to exclude variants with low-confidence ($QUAL < 30 \parallel DP < 5 \parallel QD < 2.0 \parallel MQ <$
 455 $40.0 \parallel FS > 60.0 \parallel SOR > 3.0 \parallel MQRankSum < -12.5 \parallel ReadPosRankSum < -8.0$). This yielded a
 456 total of ~1,390 million high-quality SNPs that served as the basis for all analysis.

457

458 **Population structure analysis**

459 For all individuals, we further filtered out SNPs with a minor allele frequency (MAF) ≤ 0.05 and
 460 missing rate $\geq 10\%$. To mitigate the influence of regions with extensive strong linkage
 461 disequilibrium (LD), we used PLINK (ver. 1.90) with parameters “-indep-pairphase 100 10 0.2” to
 462 generate a LD-pruned SNP dataset [51]. Finally, a subset of 6,222,538 SNPs were retained for
 463 analysis of phylogenetic and population structure. To evaluate the relatedness between individuals,
 464 the pairwise identity-by-state (IBS) genetic matrix was computed using PLINK with the parameter
 465 “-distance 1-ibs flat-missing”. Utilizing the distance matrix, a neighbor-joining phylogenetic tree
 466 was constructed using MEGA (ver. 6.0) [52]. Additionally, a principal component analysis (PCA)
 467 was constructed using PLINK with parameters “--pca” to further explore the population structure.

468 For the estimation and comparison of genetic diversity across populations of *C. gigantea* and
 469 *C. duclouxiana*, we calculated the average pairwise nucleotide diversity (π) using VCFtools (ver.
 470 0.1.17) with 100 kb sliding windows in 10 kb steps [53]. Individual whole-genome heterozygosity
 471 was also determined using VCFtools with parameters “--het”. To further assess the LD pattern
 472 within each species or lineages, we calculated the correlation coefficient (R^2) between any two loci

473 using the program PopLDdecay (ver. 3.41) with “-maxDist 1000” [54].

474

475 **Demography inference**

476 SMC++ (ver. 1.15.4) was used to infer population demography [55] based on neutral regions
477 (excluding sites within 5-kb gene regions). Due to the linear scalability of computational and
478 memory requirements with the total analyzed sequence length in SMC++, it is generally advisable
479 to perform computations on a relatively small number of individuals.

480 (<https://github.com/popgenmethods/smcpp#frequently-asked-questions>). For each population of *C.*
481 *gigantea* and *C. duclouxiana*, we therefore down-sampled to 5 (4 times) randomly selected
482 individuals. The mutation rate (μ) was assumed to be 7.0×10^{-9} and the generation time (g) was
483 assumed to be 50 years [56]. To further validate the demographic history, we also employed the
484 Stairway Plot (ver. 2) to infer N_e based on the folded site frequency spectrum (SFS) for each
485 species [57]. We employed 200 bootstraps to generate median estimations and calculate a 95%
486 confidence interval (CI). Furthermore, we used GONE to infer recent changes in N_e [25]. We
487 conducted 40 replicate analyses, with each analysis involving the random sampling of 50,000
488 SNPs from each chromosome. We only focus N_e changes within 200 generations, a time interval
489 deemed reliable according to the User’s Guide of GONE.

490

491 **Genetic load and deleterious mutations**

492 We estimated genetic load in *C. gigantea* and *C. duclouxiana* using two approaches. First, we
493 computed the genetic diversity of 0-fold and 4-fold degenerate sites for each sample. The
494 identification of 0-fold and 4-fold degenerate sites was performed using a Python script
495 (<https://github.com/hui-liu/Degeneracy>). This process involves iterating across all four possible
496 bases at each site along with a transcript. To assess the genomic extent of inbreeding,
497 genome-wide runs of homozygosity (ROH) were obtained using BCFtools (ver. 1.9) with default
498 parameters [58]. ROH longer than 100 kb were retained. Individual inbreeding levels were
499 evaluated using F_{ROH} , which quantifies the fraction of the genome covered by ROH [13].

500 Second, we used SnpEff (ver. 5.0) to predict the impacts of SNPs on genes or proteins [59].
501 The variants were classified into three categories: 1) Loss of function (LoF), denoting those with
502 high impact on the transcription and translation such as stop codon gain/loss, start codon loss; 2)
503 missense; and 3) synonymous. In total, we identified 482,347 mutations. Missense SNPs were
504 further divided into non-synonymous deleterious (SIFT score < 0.05) or non-synonymous
505 tolerated (SIFT score ≥ 0.05) categories, determined by the SIFT score generated with the SIFT
506 4G (ver. 6.2.1) software [60]. The UniRef90 protein database was employed to search for
507 homologous sequences. Sites labeled as ‘NA’ and those classified as low confidence (85,364
508 mutations) were excluded. At each SNP position, we utilized est-sfs to determine the derived and
509 ancestral allelic state, leveraging *J. microsperma* and *C. chengiana* as outgroups [61]. We further
510 counted the number of LoF and deleterious variant sites for all derived alleles (the total number of
511 derived alleles is calculated as the twice the count of homozygous genotype plus the count of
512 heterozygous genotype) occurring in ROH and outside-ROH regions for every individual. These
513 counts were then standardized by the number of derived synonymous sites in the same genomic
514 region.

515

516 **Prediction of the number of derived deleterious alleles**

517 To further test the hypothesis of purging deleterious mutations in the *C. gigantea* populations, we
518 performed theoretical predictions of the number of derived deleterious alleles. We followed the
519 approach of Kleinman-Ruiz et al. [62], which is based on a model developed by García-Dorado
520 [63, 64]. The model initially assumes the presence of an ancestral population characterized by a
521 very large effective size (N_{anc}), which approaches the mutation-selection-drift (MSD) equilibrium
522 and has a haploid derived allele number. Subsequently, as effective population size undergoes
523 successive reductions to a N_{new} over multiple generations, the model can predict the total number
524 of segregating and fixed deleterious mutations, including those segregating within the ancestral
525 population and those originating from ongoing mutation as the population approaches a new MSD
526 equilibrium (see details in Supplementary Methods).

527 We counted derived mutations for different combinations of selection coefficients (s) and
528 dominance coefficients (h). Predictions were generated from weakly deleterious ($s = 0.001$),
529 mildly deleterious ($s = 0.01$), and strongly deleterious ($s = 0.1$) selection coefficients. To avoid
530 introducing a large hidden burden into large populations by assuming $h = 0$ and thereby possibly
531 exaggerating the contribution of purging to the changes of overall derived counts, we used $h =$
532 0.05 to predict the highly recessive case and. For the sake of symmetry, we also used $h = 0.25$ and
533 0.45 to predict partially recessive and roughly additive cases.

534

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544

545 **Author contributions**

546 KM and JL designed the research, JL, YW, JL, HY, ST and TJ conducted field surveys and
547 collected samples, YW, YY, ZH, JL, JK, DW, SW performed data analyses, YW, YY, ZH, JL and
548 KM wrote the draft, all authors read and revised the manuscript, SSR, YW, KM and JL finalized
549 the manuscript.

550

551 **Data availability**

552 The *C. gigantea* genome sequences and newly generated whole-genome sequencing data of the
553 samples produced in this study have been deposited in the National Genomics Data Center
554 (NGDC) with the accession number GWHDOOJ00000000 and CRA009774, respectively. The
555 annotation gff3 file have been deposited at the Figshare
556 (https://figshare.com/articles/dataset/Cupressus_gigantea_genome_annotation/25264894).

557

558 **Code availability**

559 The code used in this study is available at

560 <https://github.com/Wennie-s/Tibetan-cypress-population-genomics>.

561

562 Declaration of Interests

563 The authors declare no competing interests.

564

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